

University Academic Curriculum Vitae I

Sabina Frei

EDUCATION SINCE LEAVING SCHOOL

2002

BA Social Work (Laurea in Servizio Sociale)
University of Trento (Italy)

2008

Universitätslehrgang Coaching
University of Innsbruck (Austria)

2021

Akademisch geprüfte Coach, Organisations- und Personalentwicklerin
Sigmund-Freud-Privatuniversität Wien (Austria)

2024

Master di primo livello in Supervisione per i Servizi Sociali e Sociosanitari
Università del Piemonte Orientale

CURRENT APPOINTMENT

Teaching Staff I unibz

Contract Lecturer for

- Actors Sectors and Spaces of Welfare (BA Social Work, Faculty of Education), teaching language: German, since 2021
- Integrated Social Planning (MA Iris, Faculty of Education), teaching language: German, since 2021
- Moderation and Participation (MA Eco-Social Design, Faculty of Design and Arts), teaching language: English, since 2015
- Reflexive Professionalization and Participative knowledge production (BA Social education, Faculty of Education), teaching language: Italian, since 2023

Freelancer

Since 2010

Organizational and Community Developer, Supervisor, Coach and Moderator

Designer and Moderator of team and organizational development projects in multi- and interprofessional health and social care units, including Coaching and Supervision of individuals, groups and teams
Lecturer in upgrade training courses for social and health care workers and executives (leadership, multi- and interprofessional teamwork, integrated care pathways)

Designer of participatory processes in communities, private organizations and public administrations

Moderator/Facilitator of Conferences and Round Table Talks

PREVIOUS PROFESSIONAL EXPERIENCE

Academic experience				
From / to	Job title	Name of academic Institution	Academic level	responsibilities
2020-2021	Research Assistant (assegnista di	Free University of Bolzano Bozen	Research Assistant	Collaboration in a research project on

	ricercar)			Family Systems Nursing
2015	Junior research fellow (collaboratrice scientifica a progetto)	Free University of Bolzano Bozen	Comissioned junior researcher	Collaboration in the research project: Sozialbericht Südtirol – Relazione Sociale Alto Adige 2015
2012-2014	Research Assistant (assegnista di ricerca)	Free University of Bolzano Bozen	Research Assistant	Collaboration in a research project on Quality in Social Professions
2011 - 2012	Junior research fellow (collaboratrice scientifica a progetto)	Free University of Bolzano Bozen	Comissioned junior researcher	Collaboration in a research project on Quality in Social Professions

Non academic professional experience in social work practice and leadership			
From / to	Job title	Name of employer	Responsibilities
2009-2010	Area Manager	Stiftung Vital Onlus – Bozen (BZ)	Development and Coordination of Community-Based Health Promotion projects
2004-2009	Area Manager	Südtiroler Kinderdorf – Brixen (BZ)	Management of the Foster Care and Family Support area
2003-2004	Social Worker	BZG Überetsch-Unterland	Professional Social Worker in a local welfare agency (child and family social work)
2002-2003	Researcher and Lecturer	Chiron OHG	Collaboration in Research Projects and teaching in training courses

PREVIOUS EXPERIENCE IN ACADEMIC TEACHING

2013-2020 I unibz

Critical reflection on placement experiences (Kritische Reflexion der eigenen Praktikumserfahrungen/Riflessione Critica delle proprie esperienze di tirocinio), 30 hours, BA Social Work and BA Social Education, teaching languages: German and Italian

Introduction to critical reflection (Einführung in die Kritische Reflexion/Introduzione alla riflessione critica), 30 hours, BA Social Work, teaching languages: German and Italian

2024-2025 I unibz

Values and Professional Cultures in Social Work, 25h, MA Iris, teaching language: English

OTHER ACADEMIC RESPONSIBILITIES

Member of the Practice Placement Commission for the BA programme in Social Work at the Faculty of Education of the Free University of Bozen-Bolzano since 2011

MEMBERSHIPS

Registered in the professional register of qualified social workers of the Region Trentino – Südtirol, Section B, since 2002

Board member of the Professional Social Work Order of the Region Trentino – Südtirol (Consiglio Regionale degli Assistenti Sociali della Regione Trentino-Alto Adige) from 2010 to 2013

PUBLICATIONS

Journals

Lorenz, W. A., Fargion, S., Nothdurfter, U., Nagy, A., Berger, E., Rainer, S., & Frei, S. (2020). Negotiating Quality for Social Work: A Participatory Research Project in South Tyrol. *Research on Social Work Practice*.
<https://doi.org/10.1177/1049731519897309>

Co-editor

Fargion, S.; Frei, S.; Lorenz, W. (2015) L'intervento sociale tra gestione del rischio e partecipazione, Roma: Carocci Editore.

Book chapter

Frei, S. and Fargion, S. (2015) Le sfide della ricerca partecipata. In: L'intervento sociale tra gestione del rischio e partecipazione, Roma: Carocci Editore, 67-78.

Nothdurfter, U., Nagy, A. & Frei, S. (2021). Gute Soziale Arbeit als politische Soziale Arbeit? In Politische Praxis und Soziale Arbeit (1st ed., p. 227). Verlag Barbara Budrich.

LANGUAGE COMPETENCE

GERMAN (first language)

ITALIAN (second language, CEFR C2 certificate)

ENGLISH (fluent, CEFR B2)

FRENCH (CEFR B1)

Bozen, April 2025

Sabina Frei