

# University Academic Curriculum Vitae I

## Sabina Frei

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### EDUCATION SINCE LEAVING SCHOOL

2002

**BA Social Work** (Laurea in Servizio Sociale)  
University of Trento (Italy)

2008

Universitätslehrgang Coaching  
University of Innsbruck (Austria)

2021

Akademisch geprüfte Coach, Organisations- und Personalentwicklerin  
Sigmund-Freud-Privatuniversität Wien (Austria)

2024

Master di primo livello in Supervisione per i Servizi Sociali e Sociosanitari  
Università del Piemonte Orientale

### CURRENT APPOINTMENT

#### Teaching Staff I unibz

Contract Lecturer for

- Actors Sectors and Spaces of Welfare (BA Social Work, Faculty of Education), teaching language: German, since 2021
- Moderation and Participation (MA Eco-Social Design, Faculty of Design and Arts), teaching language: English, since 2015
- Reflexive Professionalization and Participative knowledge production (BA Social education, Faculty of Education), teaching language: Italian, since 2023

#### Freelancer

Since 2010

#### Organizational and Community Developer, Supervisor, Coach and Moderator

Designer and Moderator of team and organizational development projects in multi- and interprofessional health and social care units, including Coaching and Supervision of individuals, groups and teams  
Lecturer in upgrade training courses for social and health care workers and executives (leadership, multi- and interprofessional teamwork, integrated care pathways)

Designer of participatory processes in communities, private organizations and public administrations

Moderator/Facilitator of Conferences and Round Table Talks

### PREVIOUS PROFESSIONAL EXPERIENCE

| Academic experience |   |                                  |                    |   |
|---------------------|---|----------------------------------|--------------------|---|
| From / to           | Job title                                   | Name of academic Institution     | Academic level     | responsibilities  |
| 2020-2021           | Research Assistant (assegnista di ricercar) | Free University of Bolzano Bozen | Research Assistant | Collaboration in a research project on Family Systems Nursing |

|             |  |                                  |                               |   |
|-------------|--|----------------------------------|-------------------------------|---|
| 2015        | Junior research fellow (collaboratrice scientifica a progetto) | Free University of Bolzano Bozen | Comissioned junior researcher | Collaboration in the research project: Sozialbericht Südtirol – Relazione Sociale Alto Adige 2015 |
| 2012-2014   | Research Assistant (assegnista di ricerca)                     | Free University of Bolzano Bozen | Research Assistant            | Collaboration in a research project on Quality in Social Professions                              |
| 2011 - 2012 | Junior research fellow (collaboratrice scientifica a progetto) | Free University of Bolzano Bozen | Comissioned junior researcher | Collaboration in a research project on Quality in Social Professions                              |

| <b>Non academic professional experience in social work practice and leadership</b> |                         |                                     |   |
|--|-------------------------|-------------------------------------|---|
| <b>From / to</b>   | <b>Job title</b>        | <b>Name of employer</b>             | <b>Responsibilities</b>   |
| 2009-2010  | Area Manager            | Stiftung Vital Onlus – Bozen (BZ)   | Development and Coordination of Community-Based Health Promotion projects           |
| 2004-2009  | Area Manager            | Südtiroler Kinderdorf – Brixen (BZ) | Management of the Foster Care and Family Support area                               |
| 2003-2004  | Social Worker           | BZG Überetsch-Unterland             | Professional Social Worker in a local welfare agency (child and family social work) |
| 2002-2003  | Researcher and Lecturer | Chiron OHG                          | Collaboration in Research Projects and teaching in training courses                 |

## **PREVIOUS EXPERIENCE IN ACADEMIC TEACHING**

### **2013-2020 | unibz**

**Critical reflection on placement experiences** (Kritische Reflexion der eigenen Praktikumserfahrungen/Riflessione Critica delle proprie esperienze di tirocinio), 30 hours, BA Social Work and BA Social Education, teaching languages: German and Italian

**Introduction to critical reflection** (Einführung in die Kritische Reflexion/Introduzione alla riflessione critica), 30 hours, BA Social Work, teaching languages: German and Italian

### **2024-2025 | unibz**

**Values and Professional Cultures in Social Work**, 25h, MA Iris, Faculty of Education, teaching language: English

### **2021-2025 | unibz**

**Integrated Social Planning** 20h, MA Iris, Faculty of Education, teaching language: German

## **OTHER ACADEMIC RESPONSIBILITIES**

**Member of the Practice Placement Commission for the BA programme in Social Work** at the Faculty of Education of the Free University of Bozen-Bolzano from 2011 to 2025

## **MEMBERSHIPS**

**Registered in the professional register of qualified social workers** of the Region Trentino – Südtirol, Section B, since 2002

**Board member of the Professional Social Work Order of the Region Trentino – Südtirol** (Consiglio Regionale degli Assistenti Sociali della Regione Trentino-Alto Adige) from 2010 to 2013

## **PUBLICATIONS**

### **Journals**

Lorenz, W. A., Fargion, S., Nothdurfter, U., Nagy, A., Berger, E., Rainer, S., & Frei, S. (2020). Negotiating Quality for Social Work: A Participatory Research Project in South Tyrol. *Research on Social Work Practice*.  
<https://doi.org/10.1177/1049731519897309>

### **Co-editor**

Fargion, S.; Frei, S.; Lorenz, W. (2015) L'intervento sociale tra gestione del rischio e partecipazione, Roma: Carocci Editore.

### **Book chapter**

Frei, S. and Fargion, S. (2015) Le sfide della ricerca partecipata. In: L'intervento sociale tra gestione del rischio e partecipazione, Roma: Carocci Editore, 67-78.

Nothdurfter, U., Nagy, A. & Frei, S. (2021). Gute Soziale Arbeit als politische Soziale Arbeit? In Politische Praxis und Soziale Arbeit (1st ed., p. 227). Verlag Barbara Budrich.

## **LANGUAGE COMPETENCE**

**GERMAN** (first language)

**ITALIAN** (second language, CEFR C2 certificate)

**ENGLISH** (fluent, CEFR B2)

**FRENCH** (CEFR B1)