

SIGRID MAIRHOFER

Name: Sigrid
Surname: Mairhofer

Citizenship: Italian

Mother tongue:
German



Address:
Dorfwiesen 6
I - 39040 Vahrn (BZ)

Email:
Sigrid.mairhofer@unibz.it
Sigrid.mairhofer@hm.edu

ACTUAL POSITION

Since 2021 **Professor for community and organizational development**

University for applied sciences Munich, Department of applied social sciences.

EDUCATION

- 2017 **PhD** in General Pedagogy, Social Pedagogy and General Education, specialization in **Social Education and Social Work**, Free University of Bozen – Bolzano.
Supervisors: Prof. W. A. Lorenz & Prof. S. U. Elsen.
- 2016 **Certification course English teaching for Excellence (ATE)**, certificate from the British Council, organized by the University of applied sciences St. Pölten (A).
- 2014 **Certification course in participatory social research**(1-year), organized by the International Collaboration of Participatory Health Research (ICPHR), Berlin.
Supervisor: Prof. Michael T. Wright.
- 2012 **Master of Arts (MA) in Innovation and Research for Social Work and Social Education**, Free University of Bozen – Bolzano.
- 2010 **Master of Science (MSc) in Social Management**, Danube University Krems.
Departement for Medicine, Health and Social Services.
- 2009 **Certificate for trainers in adult education** (1-year certification course) (Austrian ISO-Certificate), Cusanus Academy Brixen – Bildungsforum Innsbruck.
- 2007 **State examination for Social Worker**, University of Trento.
- 2006 **Bachelor of Arts (BA) in Social Work**, Free University of Bozen – Bolzano.
- 2003 **Highschool for Pedagogy**, specialization in social-communication.

ATTENDED SUMMER SCHOOLS

- 2016 **Forum Alpbach 2015** (3-Week Summer School on Equity), Alpbach (Austria)
2014 **23rd ETC (European Training Consortium in Public Health) Summer School** on Mobilising Local Health Promotion Systems for Equity in Rennes (F)
(May, 5 to August, 1,2014). Tutors: Prof. Dr. Lynne Kennedy, Gwendolyn Boonekamp MSc and Dr. Arnd Hofmeister.

RESEARCH AWARDS & SCHOLARSHIPS

- 2016 Research award: winner 3 minute PhD-Thesis-Competition at the PhD-Preconference of the European Conference for Sozial Work Research, Lisbon
- 2015 Scholarship for the European Forum Alpbach
- 2013 – 2016 Scholarship for the PhD-Program in General Pedagogy, Social Pedagogy and General Education

REVIEW ACTIVITIES

Peer reviewer for the European Conference for Social Work Research

OTHER INTERNATIONAL COLLABORATIONS

2014 Member of the organizing and scientific committee of the European Social Work Conference 2014 at the Free University of Bozen - Bolzano

RESEARCH INTERESTS

Participatory research, social work research, family sociology, health promotion and new public health, social and health inequalities and equity, social and health policy

PUBLICATIONS

Mairhofer, S. (dissertation 2017). *Partizipative Gestaltung gesunder Lebenswelten: Ein Beitrag der kommunalen Gesundheitsförderung mit älteren Menschen im ländlichen Raum* (Designing a healthy living environment in a participatory way: A contribution to community health promotion with elderly people in rural areas). Free University of Bozen-Bolzano.

Articles:

Mairhofer, S., Teti, A. & Paone, N. (in process). *Implementazione dell'approccio partecipativo (ICPHR) nella ricerca sociale e della salute*. (Implementation of a participatory approach (ICPHR) in social and health research)

Mairhofer, S., Teti, A. & Paone, N. (in process). *Promozione della salute nella terza età: comuni sani in ambito rurale* (Health Promotion with the young old: healthy communities in rural areas)

Kienbaum, J. & Mairhofer, S. (in process). *From Need to Effort: The Development of Intuitive Distributive Justice Decisions in Children, Adolescents, and Adults*.

Teti, A. & Mairhofer, S. (2017). *Altersgerechte Gestaltung gesunder Lebenswelten in der Gemeinde*. (Development of age-appropriate healthy lifeworlds in the community). In St. Zerbe, L. Brusetti, B. Plagg & A. Polo (Hrsg.), TER: Transdisciplinary Environment and Health Research Network South Tyrol (p. 8). Bozen: TER and Free University of Bozen-Bolzano.

Mairhofer, S. (2015). *Community-Based Participatory Health Research: Promoting Health Equity in Communities*. *Procedia - Social and Behavioral Sciences*. 197, pp. 382–387. doi:10.1016/j.sbspro.2015.07.153

Mairhofer, S. (2015). *Ausblick „Gemeindebasierte Pflege und Unterstützung im Alter“*. (community-based care and support in old age). In *Sozialbericht 2015*. Abteilung Sozialwesen Provinz Bozen & Freie Universität Bozen. S. 108.

Book chapters

Mairhofer, S. (2021). *Gemeinwesenbasierte Gesundheitsförderung mit älteren Menschen im ländlichen Raum*. (community-based health promotion with elderly people in rural areas). In Teti, A., Nowossadeck, E., Fuchs, J. & Künemund, H. (Hrsg.). *Wohnen und Gesundheit im Alter: Chancen für die Gestaltung von Gesundheit, Wohnen und Wohnumfeld in der Gesellschaft des langen Lebens*. *Vechtaer Beiträge zur Gerontologie*. Wiesbaden: Springer

Mairhofer, S. (2021). *Gesunde Lebenswelten partizipativ gestalten: Die Bedeutung des Ehrenamtes für ein gesundes Altern im ländlichen Raum*. (creating healthy lifeworlds through participation: the relevance of volunteering for a healthy aging in rural areas). In B. Reime & Ch. Weidmann: *Gesundheitsförderung und gesundheitsbezogene Versorgung im ländlichen Raum*. Bern: Hogrefe

Book review

Sigrid Mairhofer (2020). *Rezension von: Kieschke, Ulf / Krumrey, Felicitas: Gesundheit und Gesundheitsförderung im Lehrerberuf*. Stuttgart: Kohlhammer 2019. In: EWR 19 (2020), Nr. 4 (published 11.20.2020), URL: <http://www.klinkhardt.de/ewr/978317036075.html>

Published abstracts:

Mairhofer, S. & Teti, A. (2020). *Age-appropriate healthy living - research examples from German and Italy*. Eur J Public Health (2020) 30, (suppl 5): ckaa166.359, DOI: 10.1093/eurpub/ckaa166.359

Mairhofer, S. (2020). *There is actually no one who is supporting me! - social networks and their relevance for health*. Eur J Public Health (2020) 30, (suppl 5): ckaa166.276, DOI: 10.1093/eurpub/ckaa166.276

Mairhofer, S. (2020). „Da ist eigentlich niemand, was mich unterstützt“ – soziale Netzwerke von Familien und ihre Relevanz für die Gesundheit. Das Gesundheitswesen 2020; 82(05) - 480 DOI: 10.1055/s-0040-1709057

Fargion, S. & Mairhofer, S. (2019). Le sfide della genitorialità in una società in movimento. In Book of Abstracts der II° Conferenza Italiana sulla Ricerca di Servizio Sociale (2. Italienischen Konferenz zur Sozialarbeitsforschung). ISBN: 9788894470604. https://docs.wixstatic.com/ugd/6faa8e_672065caef50429589d397015e3cf9cb.pdf.

Mairhofer, S. (2019). Formazione partecipativa di ambienti (di vita) sane: Un contributo della promozione di salute comunale con persone nella terza età nell'ambito rurale. In Book of Abstracts der II° Conferenza Italiana sulla Ricerca di Servizio Sociale (2. Italienischen Konferenz zur Sozialarbeitsforschung). ISBN: 9788894470604. https://docs.wixstatic.com/ugd/6faa8e_672065caef50429589d397015e3cf9cb.pdf.

Mairhofer, S. (2017). Kommunale Gesundheitsförderung mit älteren Menschen im ländlichen Raum. In Konferenzprogramm Soziologie zwischen Theorie und Praxis. Kongress der Österreichischen Gesellschaft für Soziologie. http://oegs.ac.at/wp-content/uploads/2017/11/Detailprogramm_14112017.pdf

Mairhofer, S. (2017). Gesundheitsfördernde Gemeinwesenarbeit partizipativ erforscht: Teilhabemöglichkeiten in der Gestaltung gesunder Lebenswelten mit älteren Menschen im ländlichen Raum. In Konferenzprogramm Soziologie zwischen Theorie und Praxis. Kongress der Österreichischen Gesellschaft für Soziologie. http://oegs.ac.at/wp-content/uploads/2017/11/Detailprogramm_14112017.pdf

Mairhofer, S. und Auer, P. (2017). Familiensoziologische Forschung: Förderung von Verstehbarkeit und Nutzbarkeit für die Praxis. In Konferenzprogramm Soziologie zwischen Theorie und Praxis. Kongress der Österreichischen Gesellschaft für Soziologie. http://oegs.ac.at/wp-content/uploads/2017/11/Detailprogramm_14112017.pdf

Mairhofer, S. (2017). Gemeindebasierte Gesundheitsförderung im ländlichen Raum: partizipative Gestaltung gesunder Lebenswelten im Alter. In IARA 2017 Book of Abstracts. http://www.iara.ac.at/files/2017/09/FOLDER_IARA_A4_12-09_web-1.pdf

Mairhofer, S. (2015). *Community-based health promotion in South Tyrol (North Italy)*. Eur J Public Health (2015) 25 (suppl 3): ckv167.068 DOI: 10.1093/eurpub/ckv167.068

Mairhofer, S. & Vieider M. (2015). *How can we start to implement community-based health promotion in rural areas?* Eur J Public Health (2015) 25 (suppl 3):ckv176.249 DOI: 10.1093/eurpub/ckv176.249

Mairhofer, S. (2015). *Wie Kommunen gesundheitliche Chancengerechtigkeit im ländlichen Raum fördern können*. Gesundheitswesen 2015; 77 - A173. DOI: 10.1055/s-0035-1563129

Mairhofer, S. (2015). *Health Promotion as an action and research field for Social Work: promoting health equity through mobilizing local health assets*. In European Conference of Social Work Research 2015. Book of abstracts.

Mairhofer, S. (2015). *Promoting health equity through mobilizing local health assets: a community-based participatory social and health research project*. In Social Work Education in Europe: towards 2025 – EASSW Book of abstracts.

PRESENTATIONS AT CONFERENCES, SUMMER SCHOOLS, GUEST LECTURES

Online presentation - 16th World Congress on Public Health 2020 - Public health for the future of humanity: analysis, advocacy and action
(12. – 16.10.2020)

Title 1: Age-appropriate healthy living - research examples from German and Italy

Authors: Mairhofer, S. & Teti, A.

Titel 2: 'There is actually no one who is supporting me' - social networks and their relevance for health

Author: Mairhofer, S.

Paper presentation – 20 Years of degree programme in Social Work:
Bozen (20.11. – 21.11.2019)

Title 1: Altersgerechte Gestaltung gesunder Lebenswelten im Gemeinwesen

Authors: Teti, A. & Mairhofer, S.

Title 2: Frühe Hilfen in Südtirol: Vorstellung der Pilotprojekte „Frühe Hilfen“ Bozen und Bruneck. Erste Zwischenergebnisse der Evaluation

Authors: Ladurner, Ch., Mairhofer, S. & Hainz, W.

Paper presentation - Seconda Conferenza Italiana sulla ricerca di Servizio Sociale
Trento (31.05. – 01.06.2019)

Titel 1: Le sfide della genitorialità in una società in movimento

Authors: Fargion, S. & Mairhofer, S.

Titel 2: Promozione della salute partecipativa con persone nella terza età come campo di lavoro e ricerca per il servizio sociale

Invited guest lecturer – International Week University of Vechta - Germany (17. – 21.06.2019)

Topic: community health promotion – elderly people – rural areas

Paper presentation – European Conference for Social Work Research 2019

Leuven (Belgien) (10. – 12.04.2019)

Titel: The challenges of parenting in a dynamic world: how social services can support parents' coping strategies

Autorinnen: Fargion, S. & Mairhofer, S.

Final Key Note – Regionalkonferenz Niedersachsen „Gesund und Aktiv älter werden“.

Diepholz (28.09.2018)

Presentation title: „Altersgerechte Gestaltung gesunder Lebenswelten in der Gemeinde: Ein Beitrag zur Chancengleichheit im Alter“.

Authors: Teti, Andrea (Prof. University of Vechta) and Mairhofer, Sigrid

Paper presentation – ÖGS-Kongresses 2017: Soziologie zwischen Theorie und Praxis Kongress der Österreichischen Gesellschaft für Soziologie.

Graz (07 – 09.12.2017).

Paper title: "Gesundheitsfördernde Gemeinwesenarbeit partizipativ erforscht: Teilhabemöglichkeiten in der Gestaltung gesunder Lebenswelten mit älteren Menschen im ländlichen Raum."

Paper presentation – ÖGS-Kongresses 2017: Soziologie zwischen Theorie und Praxis Kongress der Österreichischen Gesellschaft für Soziologie.

Graz (07 – 09.12.2017).

Paper title: "Familiensoziologische Forschung: Förderung von Verstehbarkeit und Nutzbarkeit für die Praxis." Co-Autorin: Petra Auer.

Paper presentation – ÖGS-Kongresses 2017: Soziologie zwischen Theorie und Praxis Kongress der Österreichischen Gesellschaft für Soziologie.

Graz (07 – 09.12.2017).

Paper title: "Kommunale Gesundheitsförderung mit älteren Menschen im ländlichen Raum."

Paper presentation – DVSG-Bundeskongress 2017: Soziale Arbeit im Gesundheitswesen – Teilhabe sozial denken und Gestalten.

Kassel (18. – 20.10.2017).

Paper title: "Kommunale Gesundheitsförderung im ländlichen Südtirol". Im Workshop Partizipative Gesundheitsforschung.

Paper presentation – Tagung Familienbeziehungen, Erziehungsstile und Werte im gesellschaftlichen Wandel: Potenziale und Herausforderungen für Südtirols Sozial- und Bildungswesen (October, 26, 2017)

Freie Universität Bozen, Haus der Familie, Liechtenstein

Paper title: *"Familien zwischen Tradition und Postmoderne: Chancen und Herausforderungen für Praxis und Politik."*

Paper presentation – Tagung Familienbeziehungen, Erziehungsstile und Werte im gesellschaftlichen Wandel: Potenziale und Herausforderungen für Südtirols Sozial- und Bildungswesen (October, 26, 2017)

Freie Universität Bozen, Haus der Familie, Liechtenstein

Paper title: "Einführung ins Forschungsprojekt *DYPKIN – Dynamische Muster in verwandtschaftlichen Beziehungen und Kindererziehung in Südtirol*". Co-Presenter: Petra Auer

Paper presentation - 2. Jahrestagung des IARA: Konstruktionen und Gestaltungen des Alterns in ruralen Lebenswelten (September, 21 – 23, 2017)

FH Kärnten, Campus Villach (Austria)

Workshop title: *“Gemeindebasierte Gesundheitsförderung im ländlichen Raum: partizipative Gestaltung gesunder Lebenswelten im Alter.“*

Workshop – Preconference on Practice Research, European Conference for Social Work Research

Catholic University of Catholic University of Portugal, Lisbon (March 30 – April 1, 2016)

Workshop title: “Practice Research in action – experience’s from carrying out practice research: what was good, surprising, bad”. Workshop with Gillian Ruch, Sigrid Mairhofer, Atalia Mosek and Ayala Cohen, Anne Moe, Hanne Warming, Signe Fjordside and Manon Lavaud, Heidrun Schulze.

3-minute Paper presentation – PhD-Preconference European Conference for Social Work Research

Catholic University of Catholic University of Portugal, Lisbon (March 30 – April 1, 2016)

Paper title: “Community based health promotion for health equity – a participatory action research project”

Paper presentation – EPH (European Public Health) Conference

Milan (Italy) (October 15 – October 17, 2015)

Paper title: “Community-based health promotion in South Tyrol (North Italy)”

Part of the Workshop “The added value of participation in health promotion and health research: Examples and critical assessment”, organized by EUPHA, PARTNET and ICPHR

Poster presentation – EPH (European Public Health) Conference

Milan (Italy) (October 15 – October 17, 2015)

Poster title: “How can we start to implement community-based health promotion in rural areas?”

Paper presentation – Daten gewinnen, Wissen nutzen für die Praxis von Prävention und Versorgung (DGSMP, DGMS, GD, MDK) (German Public Health Conference) (September 23 - September 25, 2015)

Paper title: “Wie Kommunen gesundheitliche Chancengerechtigkeit im ländlichen Raum fördern können” (How rural communities can promote health equity”); part of the Workshop “AG Partizipative Gesundheitsforschung”

Paper presentation – CARN (Collaboraton Action Research Network) Conference Gateshead UK

University of Sunderland at Gateshead College (October 31 – November 02, 2014)

Paper title: “Community-based health promotion for health equity”; part of the Practitioners’ Workshop by Prof. M.T. Wright “Social development through PAR”.

Paper presentation – 23rd ETC Summer School on Mobilising Local Health Promotion Systems for Equity

École des hautes études en santé publique - Département des Sciences humaines, sociales, et des comportements de santé (SHSC), Rennes (F) (July 21 - August 1, 2014)

Paper title: “Health Promotion in South Tyrol - promoting health equity through local health promotion programs”

Guest lecture – Master of Public Health (MPH) Modul 6: Gesundheitsförderung und Prävention

Berlin School of Public Health – Charité, Berlin (D) (May 27, 2014)

Presentation title: „Gesundheitsförderung im Setting – Beispiele aus Südtirol“

Paper presentation – 4th international Conference on Sociology and Social Work

University of Southern California, Los Angeles (CA) (May 19 – 20, 2014)

Paper title: “Health Promotion as an action and research field for Social Work - Promoting Health Equity”

Poster presentation - 4th European Conference for Social Work Research

Free University of Bozen – Bolzano (Italy) (April 15 – 17, 2014)

Poster title: “Health Promotion as an action and research field for Social Work”

Paper Presentation (with Luisella Tizzi)- 1th FUB PhD-Summer School

Free University of Bozen – Bolzano (Italy) (September, 2 – 4, 2013)

Paper title: “Capability Approach as a Guideline in Research for Education and Social Development”

Paper Presentation - 1th FUB PhD-Summer School

Free University of Bozen – Bolzano (Italy) (September, 2 – 4, 2013)

Paper title: “Health promotion and Social Work – Approaches to address health inequalities”

PROFESSIONAL EXPERIENCE

TEACHING

2019 – present **University of Verona & Claudiana Bolzano**

2013 – present **Free University of Bozen –Bolzano**

2018 **MCI – Management Center Innsbruck** (University for applied sciences)

02.2016 – 2018 **Fachhochschule St. Pölten (Austria)** (University for applied sciences)

RESEARCH

2018 – 2020 **Indipendent researcher**

Project “Evaluation Early Support South Tyrol” – Forum Prävention

Free University of Bozen – Bolzano:

12.2016 – 09.2017 Research assistant; Research project: „Dypkin - Quality Dynamic patterns of kinship relationships and child rearing in South-Tyrol"

07.2013 – 10.2014 Research assistant; Research project: „Quality criteria for professional competence in social services“

05.2013 – 05.2014 Collaboration for the organization of the 4th European Conference for Social Work Research, member of the organization and scientific committee

02.2008 – 12.2009 Research assistant, Project: “The development of distributive Justice”

PRACISE

05.2012– 12.2012 **Foundation Vital - Bolzano**
Project Manager for Health Promotion

07.2009 – 10.2011 **Public Health Care Service South Tyrol**
Social Worker in the Public Psychiatry Service

11.2008 – 03.2009 **Municipal administration Vahrn - Varna**
Librarian in the Public Library

10.2006 – 01.2008 **Public Social Service Eisack Valley**
Social Worker in the public child welfare service

09.2005 – 09.2006 **Free University of Bozen – Bolzano**
Collaboration for loan service, University Library

Placements:

02.2006 – 04.2006 **protected women shelter** in Brixen - Bressanone

02.2005 – 04.2005 public child welfare service in Brixen - Bressanone

March, 01, 2021

CV – Sigrid Mairhofer



Sigrid Mairhofer