

Syllabus

Course description

Course title	Methods and Teaching Physical Education
Course code	64104
Scientific sector	M-EDF/01
Degree	Bachelor of Social Education
Semester	2
Course year	1
Credits	5
Modular	no

Total lecturing hours	30
Total lab hours	-
Attendance	according to the regulation
Prerequisites	no

Specific educational objectives	<p>The course links scientific contents of physical education with professional skills in teaching. The focus is on adventure-based learning resp. outdoor education.</p> <p>Students should learn about the educational potential of physical activity and sport in the context of social education and experience adventure and nature as particular fields of education.</p> <p>Based on their own learning experience in various fields of movement culture and sports they are to be capable of developing and testing of learning situations for different age groups.</p>
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Lecturer	Fikus Monika
Teaching language	English
Office hours	Monday to Friday or request
List of topics covered	<ul style="list-style-type: none"> - meaning of physical activity in different contexts - particular experiences of adventure and outdoor activities - qualification of students in selected outdoor and adventure movement practices - planning, realization and evaluation of experimental educational interventions
Teaching format	Seminar, labs and projects
Total lecturing/lab hours	30
Credits	

Learning outcomes	<p><i>Knowledge and understanding</i> of theoretical bases of movement science and sports didactics</p> <p><i>Applying knowledge and understanding</i> make a founded selection of content and teaching methods in physical education interventions for different age groups</p> <p><i>Making judgements</i> ability to observe, analyze and assess human movement</p> <p><i>Communication skills</i> Knowledge of the technical language of movement education,</p>
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	<p>speaking about movement in technical / scientific contexts as well as in physical education lessons</p> <p><i>Learning skills</i></p> <p>Acquisition and reflection of strategies for their own practical and instructional actions in exercise and sports with the aim of expanding professional skills</p>
Assessment	<p>Written and oral exam with respect to the issues discussed, expected learning outcomes and specific educational objectives</p> <p>written exam: project report, documentation of a teaching project</p> <p>oral exam: expert discussion to verify the elaboration of experiences and topics of the course</p>
Assessment language	English
Evaluation criteria and criteria for awarding marks	<p>Final mark consists of the evaluation of the written and oral exams.</p> <p>Evaluation criteria: Reflecting their own learning processes and teaching experience in connect with movement theory and pedagogical concepts, participation in a technical discussion using specific terms.</p>
Required readings	Mosston, Muska & Ashworth, Sara (2009). Teaching Physical Education. First Online Edition
Supplementary readings	